



July 11, 2018

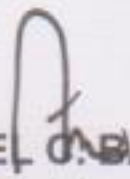
DIVISION MEMORANDUM

No. 51, s. 2018

2018 NUTRITION MONTH CELEBRATION

TO : OIC – Assistant Schools Division Superintendent
Chief, CID and SGOD (OIC's)
Public Schools Division Supervisors
All Elementary and Secondary School Heads
All Others Concerned

1. Nutrition Month is celebrated every July by virtue of section 7 of the Presidential Decree No. 491 or the "Nutrition Act of the Philippines, 25 June 1974" which aims to increase awareness on the importance of proper nutrition.
2. This year's theme is "**UGALIING MAGTANIM, SAPAT NA NUTRISYON AANIHIN!**" to promote backyard gardening to address food security and to promote consumption of fruits and vegetables.
3. According to the Food and Agriculture Organization of the United Nations gardening can enhance household food security by providing direct access to a variety of nutritionally-rich-foods; increase purchasing power from saving food bills and income from sales of garden products and fall-back food provision during seasonal lean periods. The promotion of the establishment of and maintenance of family food gardens will contribute to improving diets of Filipinos as as food security.
4. In support of this endeavor, all schools are enjoined to participate in the celebration by conducting meaningful activities which will highlight the importance of gardening in schools and in the households that will improve nutritional status and diets of Filipinos and improve food security.
5. Attached is the list of suggested activities during Nutrition Month in schools.
6. Immediate and widest dissemination of this Memorandum is desired.


DR. ROMMEL O. BAUTISTA, CESO V
Schools Division Superintendent



Enclosure No. 1 to Division Memorandum No. 51, s. 2018

LIST OF SUGGESTED ACTIVITIES DURING NUTRITION MONTH IN SCHOOLS

1. Launching Program during the Flag Raising Ceremony.
2. Putting up streamers (Download Official Logo from DOH-NNC at <https://tinyurl.com/2018NutritionMonthLogo>).
3. Featuring Nutrition articles and information on bulletin boards.
4. Essay Writing
5. Poster Making
6. Short lecture on gardening and consumption of vegetables during feeding.
7. School-wide planting of vegetables in school gardens.